



# Greater Omaha Sports Committee



presents

2021 - 2022

## Outstanding Scholar Athlete & Spring Scholar Athlete Award Winners



June 7th 2022

Courtyard by Marriott Hotel

3730 RAYNOR PARKWAY, Bellevue

11:30 AM

COURTYARD<sup>®</sup>  
BY MARRIOTT

BEARDMORE  
EVENT CENTER  
OF BELLEVUE





Millard West High School  
**MASON KOCH**  
**Baseball**

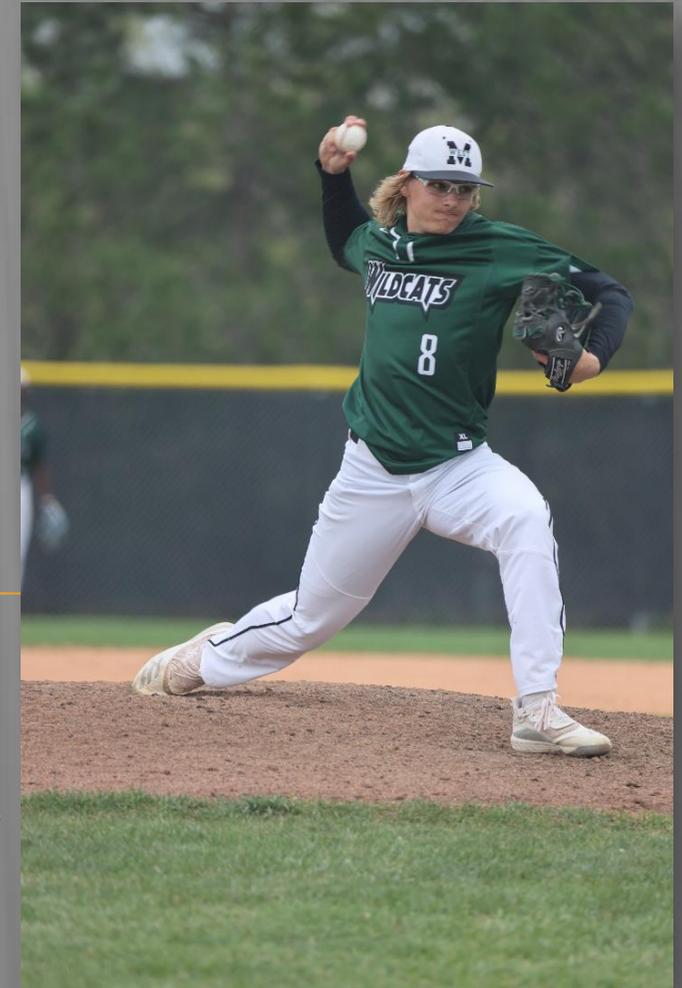
4.1 GPA & 2 year letter recipient)

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**10<sup>th</sup> Grade:** No Season

**11<sup>th</sup> Grade :** Varsity Letter, Metro Runner Up, State Runner Up, District Champions, Perfect Game - Honorable Mention, All Tournament Team 2021,

**12<sup>th</sup> Grade:** Varsity letter District Champions, State Participant, Perfect Game 1<sup>st</sup> Team, All Tournament Team 2022, PBR Super 60 Participant, #1 Ranked Player in Nebraska, Class A Saves Record (single season and career) NSAA All State Academic Award Spring Sports





Millard West High School

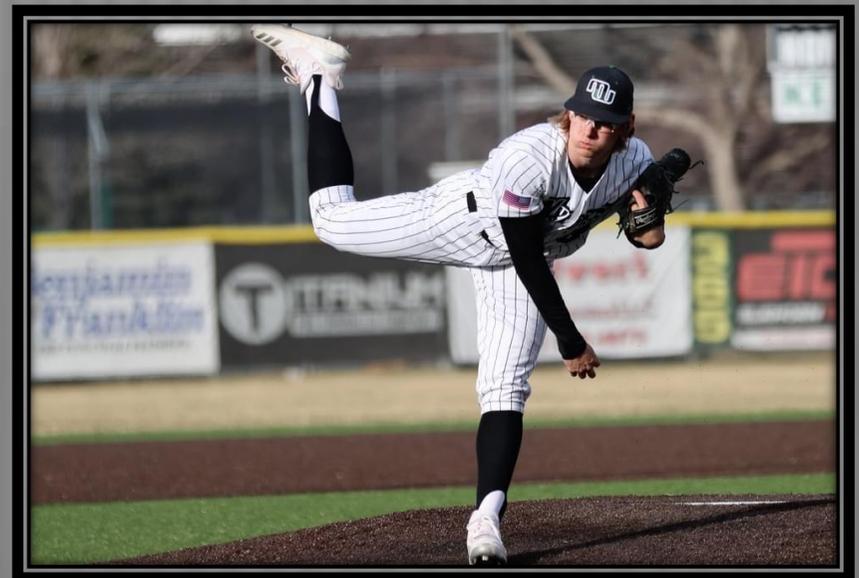
MASON KOCH



# Baseball

## School & Community Activities and Organizations

- Collect Food for Food Bank
- Collected Used Sports equipment for PACE
- HOSA Member
- VOLUNTEERED
  - Walnut Grove Retirement
  - Club Member
  - Millard west Craft Fair set up
  - YES Food Drive





Millard North High School

**BRANDON LUNDQUIST**

**Baseball**

**3.54 GPA and 2 Year letter winner**

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**10<sup>th</sup> Grade:** No season - Commitment to Nebraska

**11<sup>th</sup> Grade:** Varsity letter – #1 Ranked Player in Nebraska

**12<sup>th</sup> Grade:** Varsity letter – #1 Ranked Player in Nebraska

**Other Varsity Sports:**

2 Year Letter Recipient in Football





Millard North High School



# BRANDON LUNDQUIST

# Baseball

## School & Community Activities and Organizations

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- Open Door Mission – Lunch Server
- Youth Baseball –
  - Umpire
  - Instructional Camps





Elkhorn High School



# BEN AYALA

# Baseball



**Class Rank: 74– out of 163 (3.33 GPA and 2 Year letter winner)**

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**10<sup>th</sup> Grade:** No Season – Signed with Creighton

**11<sup>th</sup> Grade:** Varsity letter – Preseason underclass All-American and a 3 time All Tournament Team Selection – Perfect Game

**12<sup>th</sup> Grade:** Varsity letter – Collin – Orcutt AllStar Game, District Champions, Lead Team - 1<sup>st</sup> Earned Runs Average, Batting Average and as a Pitcher had the Most Strike Outs.





Elkhorn High School



# BEN AYALA

# Baseball

## School & Community Activities and Organizations

### VOLUNTEERED

- Middle School Concessions
- Bethany Lutheran Church
- Youth Baseball Camps
- Elkhorn Kids Camp





Marian High School

# EMMA PROSOFSKI

## Soccer



**3.92 GPA & 4 year letter recipient**

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**9<sup>th</sup> Grade:** Varsity Letter Winner, Played in 13 Games – 5 Goals and 1 Assist - 11 pts.

**10<sup>th</sup> Grade:** No Season

**11<sup>th</sup> Grade:** Varsity Letter Winner, Played 18 Games, 3 Assists, 9 Goals, 21 pts., 2021 NSAA Academic All-State, LJS Class A All State, LJS Super State 2<sup>nd</sup> Team, OWH- All Class Metro, 1<sup>st</sup> Team, Class A 2<sup>nd</sup> Team and All Nebraska 2<sup>nd</sup> Team

**12<sup>th</sup> Grade:** Varsity Letter Winner, 9 Goals 3 Assists and 17 pts. – Gatorade Player of the Year nominee





Marian High School

EMMA PROSOSKI

Soccer



## School & Community Activities and Organizations

National Honor Society

NHS Tutor

Honor Roll (2018-2022)

Science National Honors Society

Lolo's Angels Junior Board Member

Memories for Kids - Junior Board Member

2021 NSAA Academic All - State

VOLUNTEER

Open Door Mission

Marian Youth Soccer Camp





Bennington High School  
**AVYNNE CORNETT**  
**Soccer**

**#1 in her Class of 216 (4.0 GPA & 3 year letter recipient)**

**9<sup>th</sup> Grade:** Varsity Letter, All Conference Honorable Mention & All State Honorable Mention

**10<sup>th</sup> Grade:** N/A

**11<sup>th</sup> Grade:** Varsity Letter, Team Captain, All Conference, Academic All Conference, All State Honorable Mention (OWH & LJS)

**12<sup>th</sup> Grade:** Varsity Letter, Team Captain, Academic All State

**Other Varsity Sports:**

3 Year Letter Recipient in Basketball (Academic All State)

3 Year Letter Recipient in Volleyball (Academic All State)

1 Year Varsity Cross Country (Newcomer of the year & Academic All State)



Bennington High School



# AVYNNNE CORNETT

## Soccer

### School & Community Activities and Organizations

National Honors Society  
Women's Athlete Leadership Council  
French Club Treasure & President  
Student Senate Secretary & President  
Exchange Sophomore of the Year  
Key/Leo Club Secretary & Vice President  
Multicultural Club  
Principal's Advisory Committee  
Nebraska Leadership Seminar  
Runza Student Athlete of the week  
Outstanding Senior Student (Omaha Rotary Club)  
Lincoln Leadership Summit  
Prom Queen  
Honor Roll, President's List, Summa Cum Laude





Abraham Lincoln High School

# PAIGE BRACKER

## Soccer

**#1 in her Class of 288 (4.5 GPA & 4 year letter recipient)**

**9<sup>th</sup> Grade:** 1<sup>st</sup> Team All State, All Academic, Nebraska State Cup Champions, Iowa State Qualifier, Nebraska League Champions

**10<sup>th</sup> Grade:** Nebraska State Cup Champions – N/A Season

**11<sup>th</sup> Grade:** Varsity captain, 1<sup>st</sup> Team All Conference, All City Team & 2<sup>nd</sup> Team All State (West), Honorable Mention All State, Defensive MVP, 1<sup>st</sup> Team All State All Academic, Nebraska State Cup Champions, Iowa State Qualifier

**12<sup>th</sup> Grade:** Varsity Captain, Nebraska State Cup Champions, KC Heartland League Champions, US Soccer National Premier League National Champions

**Other Varsity Sports:**

Track – State Qualifier (9<sup>th</sup>), Cross Country – All Conference Varsity letter 3 years

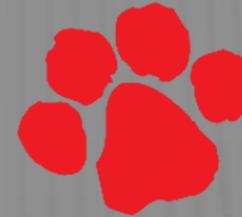




Abraham Lincoln High School

# PAIGE BRACKER

# Soccer



## School & Community Activities and Organizations

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Student Council – Senior Class President

Iowa Governor Scholar Award

Des Moines Register Academic All State Honor

Gold Honor Roll

Abe's List B's or Better

VOLUNTEER

College View Elementary, Amelia Place, Red Cross Blood Drives, Helped High School Soccer Coach Plan & Implementation of 1<sup>st</sup> Lynx Soccer Camp for Youth in Our Community





Millard South High School

# MAC WEAVER

## Soccer

3.636 GPA & 4 year letter recipient

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9<sup>th</sup> Grade: Varsity Letter, Started Every Game

10<sup>th</sup> Grade: N/A No Season

11<sup>th</sup> Grade: Varsity Letter, Started Every Game, All State Honorable Mention, Teams 1<sup>st</sup> State appearance in 10 Years

12<sup>th</sup> Grade: Varsity Captain, Started Every Game, Team Reached Back to Back State appearances

Other Varsity Sports:

2 Year Letter Recipient in Football



© Ben Bartholow





Millard South High School



# MAC WEAVER Soccer



School & Community Activities and Organizations

- Honor Roll 4 Years
- Omaha Rotary Outstanding Student
- 3x Student Athlete of the Month
- Freshman Year All Around Student
- Junior Year All Around Student
- Senior Year All Around Student
- 2x Patriot Pride Runner
- Soccer Internationale Employee
- Early College Graduate
- CUM Laude
- Academic Gold Medal
- VOLUNTEER
- Football Camp
- GEA Concessions
- Fireworks Tent





Millard North High School

# NOBLE RASMUSSEN

## Track & Field

4.128 GPA & 3 year letter recipient

9<sup>th</sup> Grade: Junior Varsity

10<sup>th</sup> Grade: N/A No Season

11<sup>th</sup> Grade: Varsity Letter, Metro All Academic, State Qualifier 400m & 1600 Relay, 400m 3<sup>rd</sup> and 1600 Relay 2<sup>nd</sup> Districts

12<sup>th</sup> Grade: Varsity Letter, Team Captain, Academic All-State, State Qualifier, District 1<sup>st</sup> 1600m Relay and 2<sup>nd</sup> 400m

Other Varsity Sports:

Cross Country Team Captain



Millard North High School



NOBLE RASMUSSEN

Track & Field



School & Community Activities and Organizations

National Honor Society  
OmaHawks – RC Trainer  
Electromechanical Technician  
Private Pilot License  
Civil Air Patrol  
•Cadet Commander  
•Cadet Wings  
•Cadet Captain  
•Aerospace Educator  
•NCR Glider Academy  
•Skills USA – Drone Captain (State Gold Medalist)  
Fellowship of Christian Athletes  
Student Council  
Varsity Marching Band  
Master Angler 2020 / 2021

VOLUNTEER  
Poppy Sales American Legion & VFW  
Heartland Hope Food Pantry  
Sand in the City  
Council Bluffs Fly-In  
Offutt Air Show  
Salvation Army bell Ringer  
Junior Class Marshal 2021  
Concessions  
STEMaha Day 2021





Millard West High School

SADIE MILLARD

# Track & Field



**GPA: 3.8 and 4 year Varsity letter recipient**

**9<sup>th</sup> Grade:** Varsity Letter, 7<sup>th</sup> at State Long Jump, 2<sup>nd</sup> in the 400, 7<sup>th</sup> in the 200 and 2<sup>nd</sup> in the 4X100 Relay

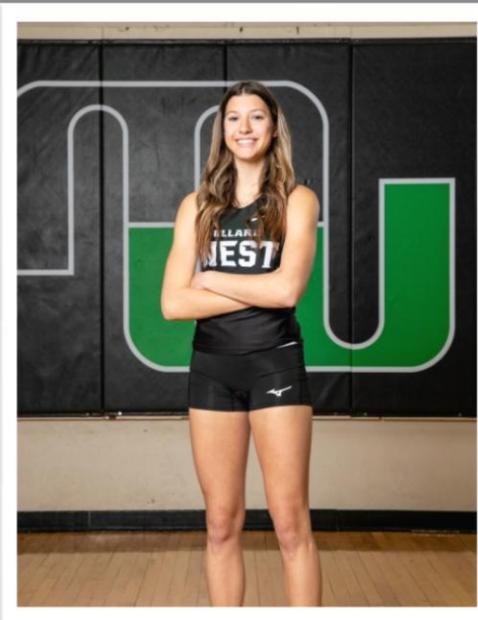
**10<sup>th</sup> Grade:** N/A No Season

**11<sup>th</sup> Grade:** Varsity Letter, Qualified for 4 Events  
4X400 Relay State Champions, 3<sup>rd</sup> in the 400,  
7<sup>th</sup> in the Long Jump and 2<sup>nd</sup> in the 4X100 Relay

**12<sup>th</sup> Grade:** Varsity Letter, Qualified for 4 Events –  
Long Jump, 400, 4X400 and 4X100 Relay

**Other Varsity Participation:** Volleyball for 4 Years –  
All State 2<sup>nd</sup> Team, All Metro, All Star Game Player





Millard West High School

# SADIE MILLARD

## Track & Field



School & Community Activities and Organizations

Athletic Leadership Academy

Female Athlete of the Year Nominee

Church Group Volunteer

Scholar Athlete Nominee – Volleyball

Signed to Play at Wichita State





Millard South High School

LILEE KAASCH



# Track & Field



**GPA: 3.45 and 4 year Varsity letter recipient**

**9<sup>th</sup> Grade:** Varsity Letter, Broke School Tri[ple Jump Record, 1<sup>st</sup> in Districts 5<sup>th</sup> at State and Invited to Kansas Relays

**10<sup>th</sup> Grade:** Varsity Letter, N/A No Season

**11<sup>th</sup> Grade:** Varsity Letter, Broke my own School Triple Jump Record, 1<sup>st</sup> in State, Districts & Metro, Placed 4<sup>th</sup> in State Long Jump, 6<sup>th</sup> in State in 4X100, Made 25 All Time Millard South Chart in 7 Events, Invited to compete in Outdoor Nationals in Oregon

**12<sup>th</sup> Grade:** Varsity Letter, 1<sup>st</sup> Metro Triple Jump, Placed 4<sup>th</sup> in 4X100 in Metro, 3<sup>rd</sup> in Long Jump and Now have 8 on Millard South's Top 25 All Time Chart

**Varsity Participation:** Cheerleading, Girls Wrestling





Millard South High School



# LILEE KAASCH

# Track & Field



## School & Community Activities and Organizations

- Early College Program
- UNO Dual Enrollment
- All American Cheerleader
- 2018 Worlds Bronze Medalist





Lewis Central High School

# JORDAN GREENWOOD

## Golf

**3.78 GPA & (4 year letter recipient)**

9<sup>th</sup> Grade: Varsity letter

10<sup>th</sup> Grade: Varsity Letter, City Runner-up

11<sup>th</sup> Grade: Varsity letter, City Champ , Conference Runner-up

12<sup>th</sup> Grade: Varsity letter, City Champ, Bryan Invite Runner-up,  
LC Invite Champion, Denison Invite Champion





Lewis Central High School

JORDAN GREENWOOD

Golf

## School & Community Activities and Organizations

Marching Band – Section Leader  
Concert Band  
Symphonic Band  
Basketball  
YMCA Basketball Coach  
Show Choir  
Swimming  
Baseball





Marian High School  
**SYDNEY SCHROEDER**  
**Tennis**

**4.01 GPA & (4 year Varsity letter recipient)**

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9<sup>th</sup> Grade :Varsity Letter

10<sup>th</sup> Grade: NA / No Season

11<sup>th</sup> Grade: Metro Champions at 1 Doubles, Team Ranked 2<sup>nd</sup> at Metro 5<sup>th</sup> at State, OTA Sportsman Recipient, NCPA Academic All State, Team Captain

12<sup>th</sup> Grade: Varsity Letter, Team Captain



**Varsity Participation:** Cross Country 4 Years, National Honor Society, Quill & Scroll, Varsity Trapshooting



Marian High School



# SYDNEY SCHROEDER

## Tennis

### School & Community Activities and Organizations

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Operation Others

Club President for Student Union

Varsity Speech Team

Figure Skating Coach

Student Broadcast

Show Choir

Flight Student

Newspaper Staffer

Recruitment Team

### VOLUNTEER

Tennis Buddies, Monroe Meyer, Heartland Family Services





2021/2022



# Outstanding Scholar Athletes of the Year



Millard South High School    Papillion LaVista South High School

**GAGE STENGER**

**AVA LAGRAND**

*Football, Basketball and Track*

*Volleyball, Track and Basketball*





2021/2022  
*Outstanding  
Scholar Athlete*

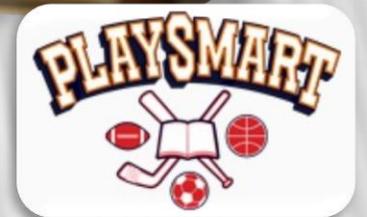


Millard South High School

**GAGE STENGER**



*Basketball, Football and Track*



He had a 147.7 QB Rating. He had 581 yards rushing with 11 TD's for a 7.6 yd per carry average. Set the state Class A playoff record for TD passes in one game with 6. He accounted for over 400 yards of total offense ( running and passing ) in the win over Bellevue West. He also has a scholarship to play football at Nebraska.

**9th Grade:** Varsity Letter, Started

**10th Grade:** Varsity Letter, Started and Leading Scorer, Honorable Mention All State & All Metro

**11th Grade:** Varsity Letter, Started & Leading Scorer – Hold Record for 3's made, NSAA All Academic, Honorable Mention All State and All Metro

**12th Grade:** Varsity Letter, Captain, 1,000+ Point Scorer & 3pt Career Leader, All State & All Metro Honorable Mention



2021/2022  
*Outstanding  
Scholar Athlete*

Millard South High School

**GAGE STENGER**



*Football, Basketball and Track*

Fishing Club Leader

National Honors Society

Leadership Academy

Full Scholarship to University of Sioux Falls

Honorary Captain of the All Nebraska Football Team,  
ranked 5<sup>th</sup> best high school football recruit and  
coach Means said arguably the best football player  
he has coached over the 36 years at Millard South





2021/2022

# Outstanding Scholar Athlete

Papillion LaVista South High School

## AVA LEGRAND

### Volleyball, Track and Basketball

4.132 GPA & 4 year letter recipient in Volleyball)



**9<sup>th</sup> Grade:** Varsity Letter, All Area 2<sup>nd</sup> Team, All State Honorable Mention (LJS & OWH), Frosh 5a (Prep Volleyball) JVA Watchlist, Prep Volleyball Watchlist

**10<sup>th</sup> Grade:** 1<sup>st</sup> Team All Metro, 1<sup>st</sup> Team All State, 2<sup>nd</sup> Team Super State, State Champion, 1<sup>st</sup> Team All Area, Prep Volleyball Top 30 Soph, Soph 79 (Prep Volleyball)

**11<sup>th</sup> Grade:** 1<sup>st</sup> Team All Metro, 1<sup>st</sup> Team Super State, 2<sup>nd</sup> Team All State, State Runner Up, 1<sup>st</sup> Team All Area, Top 3 Class of 2022, Top 150 Prep Volleyball

**12<sup>th</sup> Grade:** Undefeated Class A State Champion, All Nebraska State Team, Max Preps National Player of the Week, National Player of the Year Watch, AVCA High School All Region, Class A All State 1<sup>st</sup> Team, AVCA American Coaches Association 1<sup>st</sup> Team, All Tournament All Class 1<sup>st</sup> Team, LJS Class A & All Class All Tournament Team

Varsity Honors in other sports - Basketball & Track 3 years

2021/2022

# Outstanding Scholar Athlete



## AVA LEGRAND

Papillion LaVista South High School



# Volleyball, Track and Basketball

## School & Community Activities and Organizations

National Honor Society  
Superintendent Advisory Board  
Lifter of the Year  
DECA  
Off Season Leader – Volleyball  
Unified Sports  
YMCA Referee  
YMCA Site Supervisor  
13<sup>th</sup> at State in Track





Nebraska Balloon  
& Wine Festival  
**August 20<sup>th</sup> - 21<sup>st</sup>**  
Ta-Ha-Zouka Park, Elkhorn  
*(FREE Park & Ride from Elkhorn High School)*  
**ShowOfficeOnline.com**



CORPORATE CYCLING CHALLENGE  
CYCLING  
2022  
**August 21<sup>st</sup>**  
CorporateCycling.com



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