



13th Annual
Omaha Health Expo
July 11 -12, 2020
Baxter Arena - Omaha

We are thrilled the **13th Annual Omaha Health, Wellness & Fitness Expo – the Mind-Body-Spirit Fair** is now scheduled for **Saturday, July 11th & Sunday, July 12th, 2020** at the **Baxter Arena** amid the complications with Covid-19.

Now more than ever, our focus and attention is on good health. With this unprecedented and challenging time, the opportunity we have in front of us is perfectly timed to heighten awareness and focus on improving health, wellness and fitness and showcase the latest information, solutions and ideas to our community.

We have been working hard to establish health and safety policies along with State and City Public Officials and with the Baxter Arena, as we continue to support our industry through these tough times. In the interest of keeping our attendees, exhibitors, staff, and partners safe, we have put together our Covid-19 Guidelines. For additional information about the corona virus and Covid-19, please visit [Centers for Disease Control and Prevention](#).

Preliminary Covid-19 Protocol & Safety Measures

It is suggested that you not attend the *Omaha Health Expo* if during the 14 days prior to this event, you have:

- Traveled to a country designated by the CDC as Level 2 or higher
- Been on a Cruise Ship
- Spent significant time in any other area identified as a containment zone
- Been to a place where travel restrictions have been implemented
- Been in contact with anyone who has been diagnosed with corona virus
- Had symptoms, such as:
 - Fever
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills or Muscle Pain
 - Sore Throat or New loss of taste or smell
 - Gastrointestinal symptoms like nausea, vomiting, or diarrhea

During this Event, we will be taking the following precautionary measures

- We will follow Social Distancing Guidelines
- All staff, exhibitors & attendees will be required to wear Masks as per the Omaha Health Department
- Temperature taking Check Points
- Hand Sanitizing Stations throughout
- A “No Hand-Shake Policy” while practicing good Hygiene
- Promoting of a healthy distance of the recommended 6 ft
- No social congregating at any area of the Expo
- Staff & Exhibitors to continue sanitizing all areas on a regular basis during the Expo

We will continue to carefully monitor the situation and do everything possible to ensure the Omaha Health Expo is held in a safe manner. We will follow all federal, state and local health department guidelines so we all can participate with a feeling of safety and confidence.

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