http://www.corporatecycling.con



## Welcome to Nebraska's Largest One Day Bicycling Event

You will have a great time riding along with thousands of cycling enthusiasts eager to expand our community's trails system.

Three tours offer something for riders of all abilities -short, flat stretches over smooth roads to longer, hilly rides, with a great blend of urban maneuvering and rural challenge.

Sunday, August 18, 2019 Heartland of America Park 8th & Farnam Omaha, Nebraska

> To Benefit: Eastern Nebraska Trails Network

## To Compete With Your Corporation:

**1** Review this brochure, which describes all aspects of the event.

**2** Complete the Release Waiver in this packet and return it to your team Captain. Your ride fee is included in the corporate registration fee.

**3** Order T-shirt (if desired). **Note:** T-shirts are available either through your team captain **or** through the CCC office if you are required to place your own shirt order (\$10.00 for S, M, L, XL, (XXL \$13.00): plus \$5.00 per shirt if ordered after 7/25/19.

If you have any questions, consult your Team Captain.

\*\*\*All new cycling jersey and shorts for order.

See www.corporatecycling.com.

# SCHEDULE OF EVENTS & TOUR DESCRIPTIONS

Sunday, August 18, 2019

#### Start / Finish Line -

#### **Heartland of America Park**

8th & Farnam Streets - Omaha Nebraska

#### OLDE RIVER RIDE IO MILES

Registration 8:30 - Begins 9:00

This short morning ride beckons you with its beauty. On this extremely flat and scenic route, riders take 16th Street North to Fort St. then head East and then return to Heartland of America Park.

#### **RIVERSIDE RIDE 25 MILES**

Registration 8:00 - Begins 8:30

Amid beautiful scenery, cyclists will ride where historical trails and memories were made. The tour takes you north on 16th St. then East to Pershing Dr. and past the Pershing Memorial Bridge before turning around at Forest Lawn Memorial Park located on the Mormon Bridge Road.

#### TOUR DE FORT 42 MILES

Registration 7:30 - Begins 8:00

The longest, most challenging tour features lake and river valley scenery, rolling hills, and a stop in the historic city of Fort Calhoun, home of the first military fort established on the Missouri River. The course returns on the Omaha Trace Road.



## **Finish Line Fun:** 10:00 a.m. - 1:00 p.m. A Rockin' Outdoor Cycling Celebration

A great assortment of reasonably priced food sides and drinks.

Relax, meet other bike enthusiasts, and listen to music with celebrities from Sweet 98.5 in the park.

\*\*\* All new cycling jersey & shorts \*\*\*

See our website: www.corporatecycling.com to order and for more information.



## Corporate Team Scoring

A team's final score is the accumulation of all points earned by its <u>employee</u> riders, one point for each mile ridden. For Example:

Team ABC with 5 employees, 2 family members\*

- 1 Completed Olde River Ride x 10 Mi. = 10 points
- 3 Completed Riverside Ride x 25 Mi. = 75 points
- 1 Completed Tour de Fort x 42 Mi. = 42 points

\* Family members will earn points of <u>5</u>, <u>12</u>, <u>or 21</u> miles respectively for the Company. (1/2 of route miles).

\* Miles ridden by Team ABC's 2 Family members both completed the mile = 10 additional points for the team.



## Trophies and Awards

Corporate Team Trophy to First place in each Division based upon each corporate team's total points within that division. There will be a Token Appreciation Gift to all participants.

## Waiver and Release Form for 2019 Corporate Cycling Challenge

Complete/Sign this form and return to your Team Captain. Every rider must complete a Waiver.

Corporate Name: \_\_\_\_\_

(Please Print)

First Name: \_\_\_\_\_

(Please Print)

Last Name: \_\_\_\_\_

(Please Print)

I am riding as a/an:

Employee\_\_\_ Non Employee/Family member\_\_\_

Age \_\_\_\_ (if under 19 a parent/guardian must sign at bottom.)

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail Address:

T-Shirt: \_\_\_\_S \_\_\_M \_\_\_L \_\_\_XL \_\_\_XXL

Prices: S, M, L, XL - \$10.00 XXL - \$13.00

After 7/23/18: Add \$5.00 per T-shirt Add \$10.00 for Gran Fondo—Timed Event: \_\_\_\_\_

Route:Olde River Ride- 10 Mi.\_\_\_\_\_Riverside Ride- 25 Mi.\_\_\_\_\_Tour de Fort- 42 Mi.

#### In consideration of the acceptance for entry in the above event, I hereby freely agree to and make the following contractual representations and agreements:

I agree to wear a helmet while riding in this event.

I fully realize the dangers of participating in a bicycle event and fully assume the risks associated with such participation including by way of example: the dangers of collision with pedestrians, vehicles, other participants and fixed or moving objects; the dangers arising from surface hazards, equipment failure, inadequate safety equipment and weather conditions; and the possibility of serious physical and/or mental trauma or injury associated with the Corporate Cycling Challenge.

I hereby waive, release and discharge for myself, my heirs, executors, administrators, legal representative, assigns, and successors in interest (hereinafter collectively "successors") any and all rights which I have or which may hereafter accrue to me against the sponsors of this event, the Eastern Nebraska Trails Network, and any promoting organization(s), property owners, law enforcement agencies, all public entities, special districts, and properties (and their respective agents, officials, and employees), through or by which the events will be held for any and all damages which may be sustained by me directly or indirectly in connection with the event, or travel to or return from the event.

I agree it is my sole responsibility to be familiar with the event course, and any special rules and regulations of the event. I understand and agree that situations may arise during the event which may be beyond the immediate control of the event officials or organizers, and I must continually ride so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment. I will wear a helmet which can protect against serious head injury, and assume all responsibility and liability for the selection of such a helmet. I have no physical or medical condition which, to my knowledge, would endanger myself or others if I participate in this event, or would interfere with my ability to participate in this event. I agree, for myself and successors, that the above representations are contractually binding, and are not mere recitals, and that should I or my successors assert my claim in contravention of this agreement, I or my successors shall be liable for the expenses (including legal fees) incurred by the other party or parties in defending, unless the other party or parties are finally judged liable on such claim for willful and wanton negligence. This agreement may not be modified orally, and a waiver of any provision shall not be construed as a modification of any other provision herein or as consent to any other provision herein or as consent to any subsequent waiver or modification.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

#### Parent or Guardian of a Minor:

I as a parent or guardian of the above named minor hereby give my permission for my child or ward to participate in the event, and further agree, individually and on behalf of my child or ward, to the terms of the above.

(Parent / Guardian)

DATE: \_\_\_\_

## About Eastern Nebraska Trails Network

Eastern Nebraska Trails Network (ENTN), in cooperation with the Nebraska Trails Foundation 501(c) (3) taxdeductible corporation, was formed in April 1992.

ENTN advocates and supports the development of multiuse trails throughout the Omaha and surrounding areas.

ENTN's ongoing activities include assisting in the acquisition of land for trails, monitoring state legislative bills that impact the future of trails, and promoting public awareness.

These activities enable ENTN to work toward long term goals which the proceeds from this event will help fund:

- Development of trails on land held by Douglas County and the Papio NRD that await funding.
- Trail connection to Nebraska Game & Park facilities at Platte River.
- Trans-Missouri River connection to lowa's trails.
- Trail accessing Heron Haven.
- Trail connection between Omaha and Lincoln.

## Note to "Employee Participants"

Each <u>employee</u> participant must register at the turn-around station in order to earn points for their corporate team. It is assumed that the cyclist will ride the return route to the finish line to have earned the total points

Participants may register for one tour but then complete a different tour on the day of the event. For example: If a cyclist registered for the Riverside Ride (25 mi.) but decided to continue on with the Tour de Fort (42 mi.). The cyclist should register at the Fort Calhoun turn-around station and then will receive 42 mi. /points.

### Support:

The Corporate Cycling Challenge is a fully supported event with technical assistance provided by Olympia Cycle & Heartland React.

Sag vehicles will be available along all routes. Food, water, and restrooms are also provided.

#### **Rules for All Riders:**

Participants must:

Wear an ANSI or SNELL approved helmet.

Carry at least one water bottle.

Obey all state, county, and city traffic laws.

Not ride abreast.

Follow the designated tour route.

Finish by 1:00 p.m. to ensure SAG support.

## Thanks to All of Our Sponsors











OLYMPIA CYCLE





#### Silver

OMAHA BIATHLON MIDWEST GRAN FONDO PAPIO MISSOURI RIVER NRD GREATER OMAHA SPORTS COMMITTEE SCHEELS ALL SPORTS UNMC/Nebraska Med Center AAA NEBRASKA

#### Bronze

BAKER'S SUPERMARKETS DUDLEY'S PIZZA & TAVERN

#### Sponsors

BELLEVUE BICYCLE CLUB OMAHA POLICE DEPARTMENT FOREST LAWN MEMORIAL PARK CARTER LAKE POLICE DEPARTMENT DOUGLAS COUNTY SHERIFF DEPARTMENT OMAHA FIRE DEPT. MEDI-BIKE TEAM OMAHA SCHOOL OF MASSAGE THERAPY UNIVERSAL COLLEGE OF HEALING ARTS WASHINGTON COUNTY SHERIFF DEPARTMENT PONCA FIRE DEPARTMENT OMAHA PEDDLERS BICYCLE CLUB AKINS NATURAL FOODS LEGATO BODY WORK BALANCED BODY OMAHA AIR METHODS COMMUNICATIONS